



- NO Pills, Injections or Shakes
- Increased Energy levels
- Lasting Weight Loss
- Personally Formulated
- Safe for Pregnant and Breastfeeding moms
- No Blood tests

Lose Up to 10 KG's in 4 Weeks!

The method is unique, and is based on many years of study and research. A complete weight loss program is formulated for each client, tailor-made to give each client optimum and rapid weight loss, improved health and an overall feeling of confidence.

The U Slim weight loss program is a pioneer of rapid weight loss through the correction of hormonal imbalances (healthy balance between the release of Insulin and Glucagon) as well as selecting foods that work best with your Metabolic Type (Protein, Carbohydrate or Mixed type).

This programme teaches you to eat correctly, and requires no maintenance post-diet. It is important to understand that

The U Slim weight loss program is scientifically formulated and takes important personal characteristics of each client into account when formulating your individual program.

Weight loss as well as cm loss is rapid, but healthy, and the programme firm's muscles while changing the body's composition and body fat percentage.

The program consists of a balanced eating programme; which combines all the important nutrients your body needs to function at its best, while getting rid of accumulated fat.

U Slim weight loss program is an all-natural program that understands how your body works and what it needs to effectively lose weight while maintaining or bettering overall health.

No pills or injections are involved. We use the correct combinations and quantities of food as the body's fuel. The programme works by identifying your Metabolic Type and how your body reacts to different food sources.